

**Amesse**  
**Lunch (Traditional Lunch), November - 2023**

		<b>1</b> <b>Wednesday</b>	<b>2</b> <b>Thursday</b>	<b>3</b> <b>Friday</b>
		<b>ENTREE</b> Country Chicken Bowl (K-Gr8) Grilled Cheese Sandwich Yogurt Basket with Cinnamon Pita Crisps  <b>GRAIN</b> Fresh Baked Dinner Roll  <b>VEGETABLE</b> Baby Carrots Cherry Tomatoes  <b>FRUIT</b> Fresh Kiwi Fresh Pear Pineapple Chunks	<b>ENTREE</b> All Beef Hot Dog Garden Chili Yogurt Basket with Fresh Baked Blueberry Muffin  <b>GRAIN</b> Fresh Baked Cornbread  <b>VEGETABLE</b> Baby Carrots Cucumber Coins Seasoned Fries  <b>FRUIT</b> Apple Blueberries Tangerine (2 each)	<b>ENTREE</b> Broccoli & Cheese Baby Baked Potatoes Grilled Cheese Sandwich Pulled BBQ Pork Sandwich  <b>GRAIN</b> Fresh Baked Dinner Roll  <b>VEGETABLE</b> Baby Carrots Broccoli Calabacitas Con Elote  <b>FRUIT</b> Grapefruit Wedges Strawberries Tangerine (2 each)
<b>6</b> <b>Monday</b>	<b>7</b> <b>Tuesday</b>	<b>8</b> <b>Wednesday</b>	<b>9</b> <b>Thursday</b>	<b>10</b> <b>Friday</b>
<b>ENTREE</b> Bean & Cheese Burrito Beef, Bean & Cheese Burrito Yogurt Basket with Cinnamon Pita Crisps  <b>VEGETABLE</b> Baby Carrots Calabacitas Con Elote Sweet Pepper Strips  <b>FRUIT</b> Apple Blueberries Green Grapes	<b>ENTREE</b> 'Bonzo Butter & Jelly Sandwich (Peanut Free) Cheesy Bread Stick w/ Marinara (Gr PK-8) Peanut Butter & Jelly Sandwich Yogurt Basket with Cinnamon Pita Crisps  <b>VEGETABLE</b> Baby Carrots Baked Beans Cucumber Coins  <b>FRUIT</b> Grapefruit Wedges Strawberries Tangerine (2 each)	<b>ENTREE</b> 'Bonzo Butter & Jelly Sandwich (Peanut Free) Meat Lasagna Peanut Butter & Jelly Sandwich Spinach Lasagna  <b>GRAIN</b> Fresh Baked Garlic Bread  <b>VEGETABLE</b> Baby Carrots Garden Greens Salad Steamed Green Beans  <b>FRUIT</b> Fresh Kiwi Fresh Pear Pineapple Chunks	<b>ENTREE</b> Black Bean Burger Cheeseburger Yogurt Basket with Fresh Baked Blueberry Muffin  <b>VEGETABLE</b> Baby Carrots Confetti Chickpea Salad Sweet Potato Tots  <b>FRUIT</b> Apple Blueberries Tangerine (2 each)	<b>ENTREE</b> Grilled Cheese Sandwich Orange Chicken Vegetarian Egg Stir-Fried Rice  <b>GRAIN</b> Stir-Fried Rice (Gr PK-8)  <b>VEGETABLE</b> Baby Carrots Chilled Peas Soy Cucumber Salad  <b>FRUIT</b> Grapefruit Wedges Strawberries Tangerine (2 each)
<b>13</b> <b>Monday</b>	<b>14</b> <b>Tuesday</b>	<b>15</b> <b>Wednesday</b>	<b>16</b> <b>Thursday</b>	<b>17</b> <b>Friday</b>
<b>ENTREE</b> Beef Taco (1) (Gr PK-3) Beef Tacos (2) (Gr 4-12) Deeply Rooted Vegetarian Tacos Grilled Cheese Sandwich  <b>GRAIN</b> Spanish Rice (Gr K-8)  <b>VEGETABLE</b> Baby Carrots Spiced Green Beans Spicy Corn Salad  <b>FRUIT</b> Apple Blueberries Diced Pears	<b>ENTREE</b> 'Bonzo Butter & Jelly Sandwich (Peanut Free) Homemade Cheese Pizza (Gr PK-5) Homemade Pepperoni Pizza (Gr PK-5) Peanut Butter & Jelly Sandwich  <b>VEGETABLE</b> Baby Carrots Broccoli Cherry Tomatoes  <b>FRUIT</b> Fresh Pear Grapefruit Wedges Strawberries	<b>ENTREE</b> 'Bonzo Butter & Jelly Sandwich (Peanut Free) Mac & Cheese Peanut Butter & Jelly Sandwich Yogurt Basket with Cinnamon Pita Crisps  <b>VEGETABLE</b> Baby Carrots Baked Beans Chilled Peas  <b>FRUIT</b> Fresh Kiwi Pineapple Chunks Tangerine (2 each)	<b>ENTREE</b> Black Bean Burger Crispy Chicken Sandwich Yogurt Basket with Fresh Baked Blueberry Muffin  <b>VEGETABLE</b> Baby Carrots Seasoned Fries Spicy Cilantro Cucumbers  <b>FRUIT</b> Apple Blueberries Sliced Peaches	<b>ENTREE</b> 'Bonzo Butter & Jelly Sandwich (Peanut Free) Broccoli & Cheese Baby Baked Potatoes Chicken à la King Peanut Butter & Jelly Sandwich  <b>GRAIN</b> Fresh Baked Dinner Roll  <b>VEGETABLE</b> Baby Carrots Cucumber Coins Mashed Potatoes  <b>FRUIT</b> Applesauce Grapefruit Wedges Strawberries
<b>20</b> <b>Monday</b>	<b>21</b> <b>Tuesday</b>	<b>22</b> <b>Wednesday</b>	<b>23</b> <b>Thursday</b>	<b>24</b> <b>Friday</b>

<b>27</b> Monday	<b>28</b> Tuesday	<b>29</b> Wednesday	<b>30</b> Thursday	

This institution is an equal opportunity provider.